

# 2020/2021 Class Attire and Descriptions

## FOR AGES 6 YEARS AND YOUNGER:

## Baby & Me Classes: Ages 18-30 months

Move along with your little one as this classes is a great introduction to dance! Through 'fun tools' students learn to enhance the dancing they are already doing at home! You and your dancer will learn basic dance moves by using scarves & balls. It's a great way to get little ones moving & interact with others! Please note, this class does not participate in our annual dance recital. **Dancers & Guardians can wear comfortable clothing that allows movement & no shoes required.** 

#### Tiny Tot Ballet: Ages 2.5-3.5

This class is a great introduction to dance! Students learn how to count to music, dance positions as well as basic dance skills. They will use scarves & other fun tools to learn how to use their arms properly in dance. This is a 30 minute class and will perform once routine in our annual dance recital. Female dancers are required to wear leotards, pink ballet tights, pink ballet shoes & hair must be out of face. Tutu's, booty shorts or ballet skirts are optional. Boy dancers wear t-shirt, shorts & black ballet shoes.

## Combo classes ages 4-6:

Dancers will learn basic ballet & tap skills, along with team work in a positive atmosphere. This is a 45 minute class and will perform a ballet and a tap routine in our annual dance recital. Female dancers are required to wear leotards, pink or tan tights, pink ballet shoes, BLACK tap shoes & hair must be out of face. Tutu's, booty shorts or ballet skirts are optional. Boy dancers wear t-shirt, shorts, black ballet shoes & black tap shoes.

Below are the combo classes that we offer for this age. They are all similar, just separated by age:

Preschool Combo (ages 3.5-4.5) Kinder Combo (ages 5-6)

#### Pre Ballet: Ages 4-6

A traditional ballet class that consist of barre, center floor technique, across the floor & a choreographed routine. We believe that ballet is the basis for all other forms of dance, so this is a great one for your dancer to begin with. Female dancers are required to wear leotards, pink tights, pink ballet shoes, & hair must be in a proper ballet bun. Ballet shirts are optional, no shorts are allowed.

## Itty Bitty for ages 3-4

Dancers will learn basic acrobatic skills and proper technique to help execute skills as they get older. This class will also have a mini trampoline and obstacle courses to keep your little one entertained. Please note, this class will not learn a recital routine, but will have a mini showcase for friends and family at the end of the year at the studio. Dancers can wear comfortable clothing that they can easily move around in.

Arco Minis': Ages 4-6 (dancers must be 4 years old by September 1st)
Acrobatics focuses on strength, flexibility, balance and tumbling skills worked into choreography. Arco skills are very helpful for anyone with aspirations of dancing competitively. Dancers will also learn partner tricks that will also be part of their recital routine. Dancers are required to wear leotard or sports bra, booty shorts & hair must be pulled back. Tights & leggings are optional. \*\*NO T-Shirts are allowed\*\*

## Snazzy Jazzy: Ages 4-6

This class is the best of both worlds, it combines ballet skills with hip hop. They will learn proper jazz technique, progressions across the floor and fun choreography. This is a 30 minute class and will perform one routine in our annual dance recital. Female dancers are required to wear leotards, pink or tan tights, tan jazz shoes & hair must be out of face. Booty shorts or leggings are optional. Boy dancers wear t-shirt, shorts & black jazz shoes.

## Clogging: Ages 5-6

A true favorite, if you like rhythm, sound and moving fast, you'll love clogging! It's a very energetic form of dance for all ages. This is a 30-45 minute class, depending on the age/skill and will perform one routine in our annual dance recital. Dancers can wear comfortable clothing that they can easily move around in, white clogging shoes & hair must be pulled back. No jeans are allowed

### **FOR AGES 7 YEARS AND UP:**

IDP Performance Team: This is a great class for dancers who are looking for extra performance opportunities! We will have this group perform at local nursing homes, local events, our competition team showcase and recital! Female dancers are required to wear leotards, tan tights, tan jazz shoes, black tap shoes & hair must be out of face. Booty shorts or leggings are optional. Boy dancers wear t-shirt, shorts, black jazz shoes & black tap shoes.

Ballet ages 7+: A traditional ballet class that consist of barre, center floor technique, across the floor & a choreographed routine. We believe that ballet is the basis for all other forms of dance, so this is a great one for your dancer to begin with. Female dancers are required to wear leotards, pink tights, pink ballet shoes, & hair must be in a proper ballet bun. Ballet shirts are optional, no shorts are allowed.

Acro ages 7+: Acrobatics focuses on strength, flexibility, balance and tumbling skills worked into choreography. Arco skills are very helpful for anyone with aspirations of dancing competitively. Dancers will also learn partner tricks that will also be part of their recital routine. Dancers are required to wear leotard or sports bra, booty shorts & hair must be pulled back. Tights & leggings are optional. \*\*NO T-Shirts are allowed\*\*

Jazz Ages 7+: This class is the best of both worlds, it combines ballet skills with hip hop. They will learn proper jazz technique, progressions across the floor and fun choreography. This is a 45 minute class and will perform one routine in our annual dance recital. Female dancers are required to wear leotards, pink or tan tights, tan jazz shoes & hair must be out of face. Booty shorts or leggings are optional. Boy dancers wear t-shirt, shorts & black jazz shoes.

Lyrical/Modern/Contemporary Ages 7+: Lyrical/Contemporary is a dance style that blends ballet & jazz dance. Lyrical/Contemporary is generally smoother & a bit faster than ballet, but not quite as fast as jazz. A lyrical dancers uses movements to express strong emotions such as love, joy & anger. This is a 30-45 minute class and will perform one routine in our annual dance recital. Female dancers are required to wear leotards, fitted tanks or sports bras, tan jazz shoes, leggings or booty shorts & hair Boy dancers wear t-shirt, shorts & black jazz shoes.

Jazz Funk Ages 7+: Ready for a power packed & high energy class with all the latest moves. Hip Hop is not a technique class, students learn different ways to move their body & feel the music. This is a 30-45 minute class, depending on the age/skill and will perform one routine in our annual dance recital. Dancers can wear comfortable clothing that they can easily move around in, clean tennis shoes & hair must be pulled back. No jeans are allowed. \*\*Female dancers will wear silver sequence high tops for recital. We will order those in October.

Pom/Cheer Ages 7+: This high energy class includes a strengthening and stretch warm up, turns & leaps, as well as fun pom combinations using the sharp motions that make pom so much fun to watch! Female dancers are required to wear leotards, pink or tan tights, tan jazz shoes & hair must be out of face. Booty shorts or leggings are optional.

Clogging Ages 7+: A true favorite, if you like rhythm, sound and moving fast, you'll love clogging! It's a very energetic form of dance for all ages. This is a 30-45 minute class, depending on the age/skill and will perform one routine in our annual dance recital. Dancers can wear comfortable clothing that they can easily move around in, white clogging shoes & hair must be pulled back. No jeans are allowed.

Tap Ages 7+: Tap into this percussive style & study moves line wings, pullbacks, syncopation, & other turning, challenging combinations. Teachers emphasize speed & clarity. This is a 30 minute class & will perform a routine in our annual dance recital. All dancers will need to wear black full sole tap shoes and comfortable clothing they can move around in.

Musical Theater ages 7+: This class is great for those who love to sing, act and dance. They will learn choreography to musicals and learn how to become animated with their dance skills! Female dancers are required to wear leotards, pink or tan tights, tan jazz shoes & hair must be out of face. Booty shorts or leggings are optional. Boy dancers wear t-shirt, shorts & black jazz shoes.